

Resource Guide

Housing Supports

Name	Description	Contact/Program Information
Los Angeles Homeless Service Authority (LAHSA)	Provides a comprehensive list of interim housing supports according to service areas and specific populations. See direct link to list.	https://www.lahsa.org/ https://www.lahsa.org/documents?id=2196-lahsa-shelter-list.pdf
DPSS	Provides vouchers for hotels/motels. An application must be completed online. They also offer jobs, food resources, and housing assistance	866-613-377
Homeless Family Solution Center	Provides information for housing, shelters, and mental health services. Your agency can refer to this center via referral form (direct link to form included)	323-531-7000 https://file.lacounty.gov/SDSInter/dmh/1034200_FSCDirectReferralForm.FillableRev1.15.18.pdf
Los Angeles County Homeless Access Center Directory	Provides information about housing & supportive services for unhoused families & those needing emergency services in Los Angeles County	https://www.lahsa.org/documents?id=2760-ces-access-point-directory.pdf
Homeless Adolescent and Young Adult Wellness Clinic	Reproductive healthcare, HIV and STI testing, Some acute and chronic condition treatment, brief focused therapy, trauma informed crisis intervention, individual and group counseling, psychiatry,	323-361-2153

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	professional training, housing support	
American Family Housing	Provides affordable housing for families in Los Angeles, San Bernardino, and Orange County Application required	Housing@afhusa.org https://afhusa.org/affordable-housing/
The Whole Child Family Housing Program	Helps unhoused/at risk of being unhoused families in LA County find temporary or permanent affordable housing (service planning area 7)	Family Response Team: 562-204-0640 https://www.thewholechild.org/
LA Family Housing	Helps unhoused/at risk of being unhoused families in Service Planning Area 2 (San Fernando Valley, Burbank, Santa Clarita Valley, Glendale) with rent assistance and finding temporary shelter	https://lafh.findhelp.com/la-family-housing--los-angeles-ca--la-family-housing-eligibility-screening/4899444965376000?postal=91605 Walk-in Family Solution Center: 7817 Lankershim Blvd, North Hollywood (services not guaranteed with walk-ins) Hours: Monday - Friday: 8:00 am – 6:00 pm (lunch from 12:00-1:00)
PATH Los Angeles	Assists families with rapid rehousing, housing navigation/searches, and supportive housing for unhoused families in the greater Los Angeles area	323-644-2200 (include your name, phone number or email address, and description of the situation if leaving a voice mail) https://epath.org/contact/
Mercy Housing	Website that assists families with finding affordable housing	https://www.mercyhousing.org/find-housing/

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City of Los Angeles Affordable and Accessible Housing Registry	Website that assists families with finding affordable housing Must create account	https://lahousing.lacity.org/AAHR/Applicant/Applicant/Signup?tabName=Signup&signupType=btnApplicant
Los Angeles County Developmental Authority Multifamily Program	Waiting list application for the Lancaster Homes (Lancaster, CA) & Kings Road (West Hollywood, CA) Multifamily Housing Units for elderly families (head or co-head of family must be at least 62 years old) Waitlist open 02/01/2023 – 07/31/2023 from 8 AM – 5 PM Email required	626-586-1845 for language assistance, general assistance, or if you do not have a computer https://harp.lacda.org/ex/NewApp.aspx
Open Arms Living	Aids with affordable permanent housing for low-income individuals	844-676-2767 info@openarmstemporaryhousing.com
National Council of Jewish Women Los Angeles Rental Assistance Program	Emergency rental assistance program Must live in 90004, 90028, 90029, or 90038 Head of household must identify as a woman Must meet certain income and other eligibility requirements	https://www.ncjwla.org/larentalprogram/

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Stay Housed LA	Provides free legal help with evictions in LA County Must meet certain income requirements	https://www.stayhousedla.org/referral
Salvation Army	They have shelters for men and women only. They also give out food on set dates	805-648-4977 (Ventura number) https://westernusa.salvationarmy.org/usw_thq/ Alegria/Bethesda House: 2357 Sunset Boulevard, Los Angeles, CA 323-454-4200 Email: Ana.Aguirre@usw.salvationarmy.org Hollywood Temple Corps Community Center: 5941 Hollywood Boulevard, Los Angeles, CA 323-960-0640 Email: Fredy.Miranda@usw.salvationarmy.org
Women's and Children Crisis Shelter	Housing, emergency shelter; Eligibility: ONLY victims of domestic abuse	562-945-3939 https://www.wccshope.org/ wccs@dvshelter.org
Clothing and Laundry		
National Council of Jewish Women Clothing Assistance Program	Assists low-income families with gift cards that can be redeemed for clothing, shoes, and household accessories Must meet certain eligibility requirements	323-852-8500 https://www.ncjwla.org/clothing/ info@ncjwla.org
Clothes the Deal	Provides “professional” clothing for low-income individuals needing appropriate work attire	https://www.clothesthedeal.org/lets-collaborate.html

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Laundry Love	Provides free washing/drying on a given day/at a given time at various laundromats in LA county	https://laundrylove.org/locations/
Project Ropa	Provides clothing, employment opportunities, and mobile hygiene services for people experiencing homelessness in Los Angeles	info@projectropa.org 1st and 3rd Tuesday of the month Echo Park Methodist Church 1226 N Alvarado Street, Los Angeles, CA 90026 Hours: 9am - 12pm (Last signup at 11:30am) Shower Partner: Shower Stop *Mobile Clothing Closet, Hygiene Kits & Water* 2nd Thursday of the month Weingart East Los Angeles YMCA 2900 Whittier Boulevard, Los Angeles, CA 90023 Hours: 10am-2pm (Last signup at 1:30pm) Shower Partner: Lava Mae Food Partner: Weingart East Los Angeles YMCA (food pantry) *Mobile Clothing Closet, Hygiene Kits & Water*

Mental Health Resources

Los Angeles Unified School District Student & Family Wellness Hotline	Supports students and families with mental health resources along with immunizations, health insurance, food, housing, and enrollment	213-241-3840 Monday – Friday, 8AM – 5PM
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Help Me Grow LA mental health & other resources for victims of violence	LA County Department of Mental Health Hotline, Child Abuse Hotline, LA County domestic violence hotline, and more	http://publichealth.lacounty.gov/mch/HelpMeGrow/docs/GBV%20HT%20Resource%20Sheet_UPDATE%2010.9.20.pdf
Antelope Valley Kidz Connection	Always accepting new patients 6-9-month waitlist Accepting all MediCal Patient must be between 0-17 years old	2323 A. E. Palmdale Blvd, Palmdale, CA 93550 661-223-3800
Palmdale Mental Health Center	Accepting new patients 5-month waitlist Accepting all MediCal, LA Care, Health Net, Anthem Patient must be between 6-17 years old or 18+	1529 E. Palmdale Blvd. Ste 150, Palmdale, CA 93550 661-575-2038
Tarzana Treatment Centers Inc	Accepting new patients Waitlist depends on severity of condition/need for services Registration and application done through the phone Private insurances accepted All other medical insurances are accepted from LA County Can pay out of pocket Patient must be between 5- 17 years old or 18+	320 E. Palmdale Blvd, Palmdale, CA 93550 661-729-9000
Antelope Valley Mental Health Center	Accepting new patients 6-month waitlist Accepting all medical insurance All patient ages accepted	349 E. Avenue K-6, Lancaster, CA 93535 661-723-4260
AV Wellness and Enrichment Center	Accepting new patients 7-month waitlist	251-H E. Avenue K-6, Lancaster, CA 93535 661-978-8400

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	Accepting all medicals All patient ages accepted	
Center for the Family Living	Accepting new patients 4-month waitlist Accepting all medical Can be self-referred	14545 Sherman Circle, Van Nuys, CA 91405 818-901-4854
El Centro De Amistad	Accepting new patients 2-3-month Accepting all medical within LA county Can be self-referred	566 S. Brand Blvd, San Fernando, CA 91340 818-898-0223
San Fernando Child + Family Center	Accepting new patients 1-month waitlist Accepting all medical Can be self-referred	919 1 st St., San Fernando, CA 91340 818-256-1124
Santa Clarita Valley Mental Health Center	Accepting new patients 4-month waitlist Accepting all medicals Can be self-referred	23501 Cinema Dr., Ste.200, Valencia, CA 91355 661-288-4800
Five Acres	Accepting new patients 10-12-week waitlist Accepting all medical in the San Gabriel Valley Can be self-referred Accepting patients ages 2-17 years old	2934 E. Garvey Ave. S., Ste.100A, West Covina, CA 91791 800-696-6793
Foothill Family Services	Accepting new patients Accepting all medical Virtual clinics only No waitlist Accepting patients 21 years old and under	530 W. Badillo St., Covina, CA 91722 626-993-3000

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River Community Covina	Accepting new patients Accepting all medicals Intensive care Monday-Friday Accepting adult (18+) patients only Can be self-referred	508. S 2 nd Ave., Covina, CA 91723 626-974-8123
River Community Wellness Center	Currently accepting new patients Accepting all medicals Intensive care Monday-Friday Accepting adult (18+) patients only Can be self-referred	510 S 2 nd Ave., Suites 6 & 7, Covina, CA 91723 626-332-7788
San Gabriel Children's Center (Outpatient)	Currently accepting new patients 12-16-week waitlist Accepting all medical Can be Self-referred	4740 N. Grand Ave., Covina, CA 91724 626-859-2089
Crittenton Services for Children and Families	Currently accepting new patients 3-5-month waitlist Accepting all medicals Can be self-referred	1460 E. Halt Ave., Suite 166, Pomona, CA 91767 562-929-4308
Protopes OBHS-Pasadena	Accepting new patients 10-week waitlist Accepting all medicals Can be self-referred	2650 E. Foothill Blvd., Pasadena, CA 91107 909-634-2950
PUSD Mental Health	Currently accepting new patients from the Pasadena School District only Accepting all Medicals No waitlist, but varies on a case by cases basis	1520 N. Raymond Ave., BLDG. 2-7, Pasadena, CA 91103 626-396-5920
Arcadia Mental Health Center	Currently accepting new patients Accepting all medicals	330 E. Live Oak Ave., Arcadia, CA 91006 626-254-1400

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	Accepting adult (18+) patients only Can be self-referred	
Eggleston BHS	Accepting new patients ages 6-18 years old 4-10-week waitlist Accepting all medicals Telehealth offered Can be self-referred	13001 Ramona BLVD., Irwindale, CA 91706 626-480-8107
Foothill Family Services - El Monte	Accepting new patients ages 21 and under No waitlist Accepting all medical Virtual clinic only	11429 Valley Blvd., El Monte, CA 91731 626-993-300
Spirit Family Services	Currently accepting new patients 6-month waitlist Accepting all medicals Can be self-referred	2000 Tyler Ave., South El Monte, CA 91733 626-442-1400
Mental Health Resources by Service Planning Area (SPA)		
SPA 1	Palmdale, Lancaster	
Antelope Valley Kidz Connection.	Facility is always accepting new patients Currently 6-9 month wait Accepting all Medical Patient between 0-17years old Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	2323 A. E. Palmdale Blvd, Palmdale, CA 93550 661-223-3800

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Palmdale Mental Health Center	Facility is always accepting new patients Currently a 5 month wait Accepting all Medical Patient between 0-17years old Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	1529 E. Palmdale Blvd. Ste 150, Palmdale, CA 93550 661-575-2038
Tarzana Treatment Centers Inc	Accepting new patients Waitlist depends on the severity of needed services Registration and application is done through the phone Private insurances are accepted, all medical insurances are accepted from LA County, or patient can pay out of pocket. Eligible patients are between 5-17 years old and 18+ years old Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	320 E. Palmdale Blvd.,Palmdale, Ca 93550 661-729-9000

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Antelope Valley Mental Health Center	<p>Accepting new patients Waitlist of 6 months Accepting all medical insurance Accepting all patient ages Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder</p>	<p>349A.E. Avenue K6, Lancaster, Ca 93535 661-723-4260</p>
Av Wellness And Enrichment Center	<p>Accepting new patients Waitlist is 7 months Accepting all medical insurance Accepting all patient ages Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder</p>	<p>251 H. East Avenue K6, Lancaster, Ca 93535 661-978-8400</p>
SPA 2	<p>San Fernando Valley, Van Nuys Santa Anita</p>	
Center for the Family Living	<p>Accepting new patients 4-month wait list Accepting all medical insurance Can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia,</p>	<p>14545 Sherman Circle, Van Nuys, Ca 91405 818.901.4854</p>

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Schizophrenia, and impulsive Control Disorder		
El Centro De Amistad	Accepting new patients Waitlist is between 2-3 months Accepting all medical insurance within LA County Families can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	566 S. Brand Blvd., San Fernando, CA 91340 818-898-0223
San Fernando Child + Family Center	Accepting new patients 1 month waitlist Accepting all medical insurance Families can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	919 1 st St., San Fernando, CA 91340 818-256-1124
Santa Clarita Valley Mental Health Center	Accepting new patients Accepting all medical insurance 4-month waitlist Families can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety,	23501 Cinema Dr. Ste. 200, Valencia, CA 91355 661-288-4800

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	Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	
SPA 3	Glendora, Pasadena, Pomona, El Monte	
Five Acres	<p>Accepting new patients Wait list is about 10-12 weeks Patients can be self-referred Only children from 2-17years old Accepting all medical on in the San Gabriel Valley Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder</p>	<p>2934 E. Garvey Ave. S. Ste.100A, West Covina, CA 91791 800-696-6793</p>
Foothill Family Services	<p>Accepting new patients Accepting all medical insurance Virtual clinic only No waitlist Patients must be 21 years old and under Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder</p>	<p>530 W. Badillo Sr., Covina, CA 91722 626-993-3000</p>

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River Community Covina	Adults only (18+) Accept all medical insurance Currently accepting new patients Intensive care Monday through Friday Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	508. S 2 nd Ave., Covina, CA 91723 626-974-8123
River Community Wellness Center	Adults only (18+) Accept all medical insurance Currently accepting new patients Intensive care Monday through Friday Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	510 S. 2 nd Ave. 6 and 7, Covina, CA 91723 626-332-7788
San Gabriel Children's Center Out Patient	Currently accepting new patients Waitlist between 12-16 weeks Accepting all medical insurance Patients can be self-referred	4740 N. Grand Ave., Covina, CA 91724 626-859-2089

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	Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	
Crittenton Services For Children and Families	<p>Accepting new patients Waitlist is between 3-5 months Accepting all medical insurance Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder</p>	<p>1460 E. Halt Ave. Ste.166, Pomona, CA 91767 562-929-4308</p>
Protopes OBHS-Pasadena	<p>Accepting new patients Waitlist is 10 weeks Accepting all medical insurance Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder</p>	<p>2650 E. Foothill Blvd., Pasadena, CA 91107 909-634-2950</p>
PUSD Mental Health	<p>Accepting new patients Accepting only patients from Pasadena School District</p>	<p>1520 N. Raymond Ave BLDG. 2-7, Pasadena, CA 91103 626-396-5920</p>

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	Accepting all Medicals No waitlist Waitlisted also varies on a case by cases basis and on the school Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	
Arcadia Mental Health Center	Currently accepting new patients Accepting all medicals Patients have to be older than 18years or older Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	330 E. Live Oak Ave Arcadia, CA 91006 626-254-1400
Eggleston BHS	Currently accepting new patients from the ages of 6-18 years old Accepting all medical insurance Patients can be self-referred Waitlist is between 4-10 weeks Agency offers TeleHealth Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and	13001 Ramona BLVD., Irwindale, CA 91706 626-480-8107

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	Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	
Foothill Family Services- El Monte	Accepting new patients Accepting all medical insurance Virtual clinic only No waitlist Patients must be 21 years old and under Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	11429 Valley Blvd., El Monte, CA 91731 626-993-3000
Spirit Family Services	Currently accepting new patients Accepting all medical insurance Waitlist is 6 months Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	2000 Tyler Ave South El Monte, CA 91733 626-442-1400
SPA 4	Glendale, East Hollywood, Korea Town	
Aviva Family & Children Services	Currently accepting new patients Waitlist of 4 months	1530 Orange Drive, Room 101-W, Los Angeles, CA 90028 213-637-5000

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	<p>Accepting all medical insurance Patients can be referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, and Mood Disorder</p>	
<p>BHS Hollywood Recovery Center</p>	<p>Accepting new patients Accepting all medical insurance Waitlist is 2 months Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, impulsive Control Disorder, and Eating Disorders</p>	<p>6838 W. Sunset Blvd., Los Angeles, CA 90028 323-461-3161</p>
<p>County Wide Older Adult Genesis FFCS Team</p>	<p>Accepting new patients Accepting all medical insurance Only accepting patients 21 years and older Patients can be self-referred The Facility focuses on Anxiety, Dementia, Depression, and Bipolar Disorder.</p>	<p>510.S. Vermont Ave., 17th Floor, Los Angeles, CA 90028 213-351-7284</p>
<p>DMG Transition Age Youth Division</p>	<p>Currently accepting new patients Patients must be 18 years and older Accepting all medical insurance Patients can be self-referred</p>	<p>510. S, Vermont Ave, 21st Floor, Los Angeles, CA 90020 213-738-6194</p>

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Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, impulsive Control Disorder, and Eating Disorder

**Gateways
Community MHC**

Accepting new patients
Accepting all medical insurance
Only accepting patients 18 years and older
Patients can be self-referred
Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder

433. N. Hoover St., Los Angeles, CA 90004
323-644-2026

**Hollywood Mental
Health Center**

Accepting new patients
Accepting all medical insurance
Patients can be self-referred
Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, Impulsive Control Disorder, and Eating Disorder

1224 N. Vine St., Los Angeles, CA 90038
323-769-6100

**Lincoln Heights
Family Recovery
Center**

Accepting new patients
Accepting all medical insurance
Patients can self-refer

4099 N. Mission Rd., Los Angeles, CA 90032
323-461-3161

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	Focus on Depression, and Mood Disorders	
Los Angeles Gay + Lesbian Community Service Center	Accepting new patients Accepting all medical insurance Patients must be 18 years and older Wait list is between 2 - 6 weeks Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	1625 Schrader Blvd., Los Angeles, CA 90028 323-993-7400
North East MHC	Accepting new patients Accepting all medical insurance Waitlist is 3 months Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	3303 N. Broadway, 3 rd and 4 th Floor, Los Angeles, CA 90031 323-478-8200
Alcott Center For Mental Health Services	Accepting new patients Accepting all medical insurance Waitlist of 2 months Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and	1433 S. Robertson Blvd., Los Angeles, CA 90035 310-785-2121

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	Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	
Los Angeles Child Guidance Families in Touch	Accepting new patients Accepting all medical insurance Wait list is 1 month Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	3031 S. Vermont Ave., Los Angeles, CA 90007 323-766-3033
SPA 5	West Hollywood	
Alafia Mental Health Institute	Accepting new patients Accepting all medical insurance Patients can be self-referred Waitlist is 2 months Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	3756 Santa Rosalia Dr., Ste. 628, Los Angeles, CA 90008 323-293-8771
Edelman Wellness Center OF FCCS	Accepting new patients Accepting all medical insurance Patients must be 18 years and older Patients can be self-referred	11080 W. Olympic Blvd., Los Angeles, CA 90064 310-966-6508

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	Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	
Edmund D. Edelman Westside MHC Child and Family	Accepting new patients Accepting all medical insurance Patients must be between 6-17 years old Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	11303 W. Washington Blvd., Ste 200, Los Angeles, CA 90066 310-482-3200
West Central Family Mental Health Services	Accepting new patients Accepting all medical insurance Patients must be 18 years and older Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	3751 Stock St., Los Angeles, CA 90008 323-298-5101
SPA 6	Compton, South Gate	

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Shields For Families	Accepting new patients Patient must be 18 years or older Accepting all medicals Waitlist is 3 months Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	11601 S. Western Ave., Los Angeles, CA 90047 323-242-5000
Scharp Adult Services	Accepting new patients Accepting all medical insurance Patients must be 18 years and older Patients can be self-referred Waitlist is 1 month Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	3850 Crenshaw Blvd., Los Angeles, CA 90008 323-593-1821
Project Return	Accepting new patients Accepting all medical insurance Patients must be 18 years and older Patients can be self-referred Waitlist is 6 weeks	2677 12 Zoe Avenue, Huntington Park, CA 90255 323-346-0960

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	Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	
AFH MLK Women’s Clinic	<p>Accepting new patients Women only Accepting all medical insurance Patients can be self-referred Waitlist is 3 weeks Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder</p>	<p>1670 E. 120th St., Los Angeles, CA 90059 310-668-4803</p>
Pacific Asian Counseling Services	<p>Accepting new patients Accepting all medicals Patients can be self-referred Waitlist is 2 months long Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder</p>	<p>8616 La Tijera Blvd. Ste. 200 Los Angeles CA 90045 Phone number: 310.337.1550</p>
August F. Hawkins Family MHS	<p>Accepting new patients Accepting all medical insurance</p>	<p>1720 E. 120th St., Los Angeles, CA 90059 424-454-5000</p>

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	Patients can be self-referred Waitlist is 5 months Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	
Kedren Community Mental Health Center	Accepting new patients Accepting all medical insurance Patients can be self-referred Waitlist is 3 months Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	4211 South Avalon Blvd., Los Angeles, CA 90011 323-233-5622
CFGC Bell	Accepting new patients Accepting all medical insurance Only accepting patients 0-17 years old Patients can be self-referred Waitlist is 11 weeks Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	5140 Florence Ave., Ste. F, Bell, CA 90201 855-329-8080

Contributing editors: Heriberto Sanchez, AltaMed FAST Team, Monica Martinez, OTR/L, and Shelby Smallwood, MD/MPH Student

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Children's Bureau Long Beach	Accepting new patients Accepting all medical insurance Only accepting patients 0-17 years old Patients can be self-referred Waitlist is 5 weeks Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	850 E. Wardlow Rd., Long Beach, CA 90807 562-981-9392
The Guidance Center Compton	Accepting new patients Accepting all medical insurance Patients can be self-referred Waitlist is 11 weeks Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and	901 W. Victoria St., Unit F. & G., Compton, CA 90220

Contributing editors: Heriberto Sanchez, AltaMed FAST Team, Monica Martinez, OTR/L, and Shelby Smallwood, MD/MPH Student

Resource Guide

	Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	
Kedren Community Mental Health Center	<p>Accepting new patients</p> <p>Accepting all medical insurance</p> <p>Only accepting patients 0-17 years old</p> <p>Patients can be self-referred</p> <p>Waitlist is 2 months long</p> <p>Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder</p>	<p>710 E. 111th Place, Los Angeles, CA 90059</p> <p>323-233-0425</p>
Compton Family MHS	<p>Accepting new patients</p> <p>Accepting all medical insurance</p> <p>Patients must be 18 years old</p> <p>Patients can be self-referred</p> <p>Waitlist is 1 month</p> <p>Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder</p>	<p>921 E. Compton BLVD., Compton, CA 90221</p> <p>310-668-6800</p>

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Resource Guide

SPA 7

Santa Fe Springs, Bell Gardens,
Whitter, Commerce, and Pico
Rivera

**Drew Child
Development
Corporation**

Accepting new patients
Accepting all medical insurance
Waitlist is 4 months
Patients can be self-referred
Provide services for Depression,
Bi-Polar Disorder, Anxiety,
Personality Disorder, Sexual and
Gender Identity, Dementia,
Schizophrenia, and impulsive
Control Disorder

3737 Martin Luther King Blvd., Ste. 550 Lynwood, CA 90262
323-249-2950

**Roybal Family
Mental Health
Services**

Accepting new patients
Accepting all medical insurance
Waitlist is 3 weeks
Provide services for Depression,
Bi-Polar Disorder, Anxiety,
Personality Disorder, Sexual and
Gender Identity, Dementia,
Schizophrenia, and impulsive
Control Disorder

4701 E. Cesar E. Chavez Ave., Rm. 222, Los Angeles, CA 90022
323-267-3400

Resource Guide

San Antonio Family Center	Accepting new patients Accepting all medical insurance Waitlist of 2 months Patient can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	2629 Clarendon Ave., Huntington Park, CA 90255 323-584-3700
Pacific Clinics Latina Youth Program	Accepting new patients Accepting all medical insurance Women only Waitlist is 1 month Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	11741 Telegraph RD., STE. G, Santa Fe Springs, CA 90670 626-353-0211

Resource Guide

American Indian Counseling Center	Accepting new patients Accepting all medical insurance Waitlist is 3 months Patients must be 18 years and older Patient can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	17707 S. Studebaker RD., Cerritos, CA 90703 562-402-0677
Masada Full Services Partnership	Accepting new patients Accepting all medical insurance Patients must be 18 years and older Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	12715 Pioneer Blvd., Norwalk, CA 90650 310-.747-3165

Resource Guide

TeleCare LA- Act Older Adults	<p>Accepting new patients Accepting all medical insurance Patients must be 18 years and older Waitlist is 3 weeks Patients can be self-referred Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder</p>	<p>12440 Firestone Blvd., Ste. 3025, Norwalk, CA 90650 562-929-6688</p>
The Whole Child	<p>Accepting new patients Accepting all medical insurance Patients can be self-referred Waitlist is 3 months Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder</p>	<p>10155 Colima Rd., Whitter, CA 90603 562-692-0383</p>
SPA 8	Torrance, Long Beach Gardena	
Alafia Mental Health Institute	<p>Accepting new patients Accepting all medical insurance Patients can be self-referred Waitlist is until June Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and</p>	<p>555 W. Redondo Beach Blvd., Ste. 215, Gardena, CA 90248 323-293-8771</p>

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Resource Guide

	Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	
Peter Carlson, MFT	Accepting new patients Accepting all medical insurance Patients can be self-referred Waitlist is 5 weeks Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	23210 Crenshaw Blvd., Suite 100, Torrance, CA 90505 310-325-8787
Coastal API Family MHC	Accepting new patients Patients must be 18 years and older Accepting all medical insurance Patients can be self-referred Waitlist is 1 month Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	14112 S. Kingsley Dr., Gardena, CA 90249 310-217-7312
DMH @ Harbor UCLA Medical Center	Accepting new patients Accepting all medical insurance Patients can be self-referred Waitlist is 4 months	1000 W. Carson St., BLDG D5, Torrance, CA 90509 424-306-5700

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Resource Guide

	Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	
Project Return Hacienda of Hope	Accepting new patients Accepting all medical insurance Patients must be 18 years old and older Patients can be self-referred Waitlist is 2 months Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	2241 W. Williams Street, Suite A, Long Beach, CA 90810 562-388-3652
Children's Bureau Long Beach	Accepting new patients Accepting all medical insurance Patients can be self referred Waitlist is 3 weeks Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	850 E. Wardlow Rd., Long Beach, CA 90807 562-981-9392

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Long Beach API Family MHC	Accepting new patients Accepting all medical insurance Patient must be 18 years and older Patients can be self-referred Waitlist is 1 month Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	4510 E. Pacifico Coast Hwy., St 600, Long Beach, CA 90804 562-346-1100
Long Beach Child and Adolescent Clinic	Accepting new patients Accepting all medicals Patients can be self-referred Waitlist is 3 months Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	2600 Redondo Ave., 6 th Floor, Long Beach, CA 90806 562-256-2956
Long Beach MHS Adult Clinic	Accepting new patients Accepting all medicals Patients must be 20 years and older Patients can be self-referred Waitlist is 6 weeks	2600 Redondo Ave., 3 rd Floor, Long Beach, CA 90806 562-256-9000

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Resource Guide

Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder

MHA - Wellness Center

Accepting new patients
Accepting all medical insurance
Patient must be 18 years and older
Patients can be self-referred
Waitlist is 2 months
Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder

830 Atlantic Ave., Long Beach, CA 90813
562-285-0149

Shields For Families MST

Accepting new patients
Accepting all medical insurance
Patients can be self-referred
Waitlist is 1 months
Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder

121 W. Victoria St., Long Beach, CA 90805
323-242-5000

Resource Guide

Kedren Community Mental Health Center	Accepting new patients Accepting all medical insurance Patients can be self-referred Waitlist is 4 months Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	710 E 111 th Place, Los Angeles, CA 90059 323-233-0425
Wayfinder Family Services	Accepting new patients Accepting all medical insurance Patients can be self-referred Waitlist is 2 months Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia, Schizophrenia, and impulsive Control Disorder	5300 Angeles Vista Blvd., Los Angeles, CA 90043 323-295-4555
South Bay Mental Health Center	Accepting new patients Accepting all medical insurance Patient must be 18 years and older Patients can be self-referred Waitlist is 3 weeks Provide services for Depression, Bi-Polar Disorder, Anxiety, Personality Disorder, Sexual and Gender Identity, Dementia,	1045 W. Redondo Beach Blvd., Floor 3, Gardena, CA 90247 323-241-6730

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	Schizophrenia, and impulsive Control Disorder	
Food Resources		
211LA Food Finder	Provides link where you can navigate a man that searchers for food benefit programs, groceries/food pantries, meals, senior food needs, child/youth nutrition	https://foodfinder.211la.org/-119.050952,33.735518,-117.636654,34.702715/project?layers=20%2C22%2C18%2C19%2C21
Food Oasis	Website that allows one to search for free food in Los Angeles	https://foodoasis.la/
Backpacks for Kids	Provides food assistance to children enrolled at a school in the Culver City Unified School District	Sign-up form: https://docs.google.com/forms/d/e/1FAIpQLSf4JoB6UUdo3RQdEWUJ3vj6SoyKP6cS7bzKdBtLOoI_3hax5g/viewform (paper copies available) Email: sfss@ccusd.org
Emergency Food Pantry	Gives families with pre-made food bags (1 per household) For all low-income Santa Monica residents and/or families with children enrolled in the Santa Monica-Malibu Unified School District	By appointment only (424) 410-1354 Virginia Ave Park Thelma Terry Center: 2200 Virginia Ave., Santa Monica, CA 90404
Greater Good News COGIC Food Pantry	Provides free groceries to those experiencing food insecurity	5840 South Broadway, Los Angeles, CA 90003 Time: 10:00 AM
Long Beach Community Table Food Relief	Provides free, nutritious food to those experiencing food insecurity	3311 E. 59 th Street, Long Beach, CA 90805 Tuesday: 5:30 PM – 7:00 PM Wednesday: 5:30 PM – 7:00 PM Friday: 12:00 PM – 4:00 PM Saturday: 12:00 PM – 2:00 PM

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Food Forward	Donates recovered produce to people experiencing food insecurity	Watts: 10950 S. Central Ave., Los Angeles, CA 90059 1 st and 3 rd Wednesdays of each month Time: 1:00 PM – 3:00 PM Arrive early! 323-357-6262 South Los Angeles: Towne Ave. at E 79 th Street, Los Angeles, CA 90003 2 nd and 4 th Wednesdays of each month Time: 9:00 AM – 11:00 AM Arrive Early! Santa Monica: 2509 Pico Blvd., Santa Monica, CA 90405
New Challenge Ministries Food Bank	The South Bay’s largest Food Bank	18801 Crenshaw Place, Torrance, CA 90504 Monday, Tuesday, Thursday, Friday: 12:30 PM – 1:30 PM Saturday: 1:30 PM – 2:30 PM

RESOURCES BY SERVICE PLANNING AREA (SPA)

Ways to find your SPA:

Enter address into the website below

<https://appcenter.gis.lacounty.gov/districtlocator/>

Enter zip code into website below

<https://geohub.lacity.org/datasets/lacounty::la-county-service-planning-area/explore?location=34.079028%2C-118.302184%2C12.13>

SPA 1: Antelope Valley

Los Angeles County Developmental Authority Multifamily Program
Antelope Valley Kidz Connection

Contributing editors: Heriberto Sanchez, AltaMed FAST Team, Monica Martinez, OTR/L, and Shelby Smallwood, MD/MPH Student

Resource Guide

Palmdale Mental Health Center
Tarzana Treatment Centers, Inc.
Antelope Valley Mental Health Center
AV Wellness and Enrichment Center

SPA 2: San Fernando Valley

LA Family Housing
Center for the Family Living
El Centro de Amistad
San Fernando Child + Family Center
Santa Clarita Valley Mental Health Center

SPA 3: San Gabriel Valley

Five Acres
Foothill Family Services
River Community Covina
River Community Wellness Center
San Gabriel Children’s Center (Outpatient)
Crittenton Services for Children and Families
Prototypes OBHS – Pasadena
OUSD Mental Health
Arcadia Mental Health Center
Eggleston BHS
Foothill Family Services – El Monte
Spirit Family Services

SPA 4: Metro

Homeless Adolescent and Young Adult Wellness Clinic
Los Angeles County Developmental Authority Multifamily Program
National Council of Jewish Women Los Angeles Rental Assistance Program
Salvation Army Alegria/Bethesda House
Salvation Army Hollywood Temple Corps Community Center
Project Ropa

SPA 5: West

Backpacks for Kids

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Emergency Food Pantry (Santa Monica/Malibu)
Food Forward (Santa Monica)

SPA 6: South

Greater Good News COGIC Food Pantry
Food Forward (Watts & South Los Angeles)

SPA 7: East

Women's and Children Crisis Shelter
The Whole Child Family Housing Program
Clothes the Deal

SPA 8: South Bay

Long Beach Community Table Food Relief
New Challenge Ministries Food Bank
