

Join Us!



**\*\*VIRTUAL EVENT\*\***

**DATE OF EVENT:**

Friday, May 29, 2020

**START AND END TIME OF EVENT:**

12:30pm – 1:00pm Sign in (details to follow on website/email)

1:00pm – 4:30pm Presentation (with scheduled breaks)

**LOCATION OF EVENT:**

In response to the COVID-19 pandemic, The Infant Development Association will host some of our upcoming events virtually.

We are working to recreate an onsite learning experience in our virtual environment. Please join us online and become an active participant in this half-day learning community of your peers from up and down the state:

- Engage with the presenters through our virtual ask a question box
- Interact with your peers through the online break out groups

**SPEAKER NAMES:**

L. Hope Wills, MA, RD, CSP, IBCLC, CNSC  
*Nutrition faculty CA LEND at Children's Hospital Los Angeles*  
*UCEDD Feeding Development Clinic*  
*CHLA Newborn Follow Up Clinic*  
Audrey Hepburn, CARES team

Allyson Yoshinaga MS, Nutrition  
*Nutrition Fellow, CA LEND at Children's Hospital Los Angeles*

**REGISTRATION FEES:**

*Limited to first 100 paid participants*  
\$30 IDA Member rate  
\$45 Non-IDA Member rate  
\$35 CEU Hours

*During this challenging time, IDA is working to keep our community connected and informed.*

# Setting the STAGE to support optimal feeding and nutrition in young children

**DESCRIPTION:**

Experts recognize that children develop in stages that build upon each other. Parents also develop in stages that build on each other and influence how and what they feed their young child. Stages of Parenting (Galinsky) offers a renewed perspective on how one becomes a parent. The presenters will explore the stages of parent development and its impact on feeding and nutrition in young children. The presenters will deliver a multimedia presentation that also engages participants in small group discussions using case-based scenarios.

Goals: Participants will be able to:

- recognize at least 3 key components of stages of parent development as it relates to feeding and nutrition
- identify events that delay or impair a parent's ability to transition through stages
- articulate impact of a parent's "stage" on infant mental health and feeding
- develop at least 3 strategies to support a parent through stages, from our own discipline, that will result in optimal feeding and nutrition

**CEUs:** CDI CE hours for LPCC, LEP, LCSW and LMFTs  
IDA CE hours for PT, Nursing and Speech and Language

Registration for CE hours online (details to follow)

**ADA REQUESTS:** Please submit request by Friday, May 8, 2020

